

Trauma Informed and Gender Responsive: Working with Formerly Incarcerated Women



Instructor:
Gabriella Grant, MA

Instructor Information:

Gabriella Grant, MA trains professionals in the social services on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has worked with criminal justice agencies, the courts, social service agencies and public health departments. As a trained policy analyst, Ms. Grant looks at how understanding the neurobiological effects of trauma, safety and coping can be adapted for effective programming, staff training, policies, and procedures to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes.

Course Description:

Participants will become aware on the trends of incarceration by gender and race while focusing on gendered differences among incarcerated people in more recent times. Gender-responsive standards, as delineated by Covington and Owens, are reviewed to allow attendees to assess their services—both areas of strengths and weaknesses. In the second webinar, trauma exposure specific to having an incarcerated family member is explored, uncovering a unique trauma-related factor that can be addressed within programming.

Date: Tuesday, April 25, 2023 & Wednesday, April 26th, 2023

(Must attend both dates for credit and complete 1 hour of homework**)**

Time: Part One : 10:00am – 11:30am and 1hr of homework

Part Two: 10:00am-11:30am

Location: Virtual training- link will be sent to registrants

RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>

All other interested partners, please visit www.rcdmh.org/wet

Free to all registered participants

Continuing Education Credits: This course meets the qualifications for 4 continuing education units/credits/hours.

**Trauma Informed and Gender Responsive: Working with Formerly
Incarcerated Women**

**Part One: Tuesday, April 25, 2023
(10:00am – 11:30am)**

&

**Part Two: Wednesday, April 26, 2023
(10:00am – 11:30am)**

****Must attend both dates for credit****

Course Description: Participants will become aware on the trends of incarceration by gender and race while focusing on gendered differences among incarcerated people in more recent times. Gender-responsive standards, as delineated by Covington and Owens, are reviewed to allow attendees to assess their services—both areas of strengths and weaknesses. In the second webinar, trauma exposure specific to having an incarcerated family member is explored, uncovering a unique trauma-related factor that can be addressed within programming. The standards of trauma-informed care, according to SAMHSA, are reviewed as well as several specific curricula, Beyond Trauma, Helping Women Recover, Seeking Safety, etc., for incarcerated women.

Instructor Information: Gabriella Grant, MA trains professionals in the social services on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has worked with criminal justice agencies, the courts, social service agencies and public health departments. As a trained policy analyst, Ms. Grant looks at how understanding the neurobiological effects of trauma, safety and coping can be adapted for effective programming, staff training, policies, and procedures to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes.

Audience: RUHS-BH staff including LMFT's, LCSW's, LPCC's, and LEP's, Registered Nurses, and substance use counselors
Level of training: Introductory

Seat #: 40

Location: Virtual training- link will be sent to registrants

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

Educational Goals:

1. Participants will have a better understanding of trauma informed care while examining the female juvenile association

Learning Objectives: Participants will

1. Analyze data related to the following:
 - o US and California incarceration rates
 - o Women and incarceration
 - o Gendered differences
2. State at least two (2) gender differences in adult incarcerated population among female and males.
3. Identify at least two (2) standards of trauma informed care, SAMHSA
4. Examine the girl juvenile association, called the abuse-to-prison pipeline
5. Explore the strength of association between incarcerated parents/family members and the risk of a child being incarcerated
6. Determine specific treatment elements and curricula recommendations and adaptations

Course outline:

Part 1

Time	Topic/Content
10:00am-10:30am	Incarceration trends over time by gender , race
10:30am-10:45am	Adult incarcerated women
10:45am-11:30am	Gender responsive
1 hour of homework	

Part 2

Time	Topic/Content
10:00am-10:30am	Trauma informed principles such as SAMHSA and the public health model intergenerational incarceration
10:30am-10:45am	Girl, Incarcerated Explain phases of trauma recovery and focus on Stage One (J. Herman)
10:45am-11:30am	Evidence: CEBC, Unsafe Behaviors Inventory, cultural and creative programming

This course meets the qualifications for 4 continuing education units/credits/hours.

Continuing Education: Course meets the qualifications for (4) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for (4) Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1223 for (4) CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

Requesting Continuing Education: Participants interested in receiving continuing education credit or a certificate of participation should contact Sujei Larkin via email at GLarkin@ruhealth.org. Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact training coordinator Taide Arias at TArias@ruhealth.org or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).